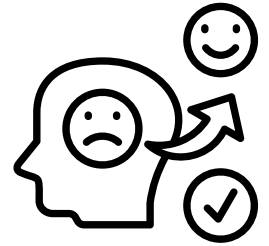
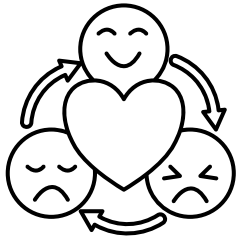


PHRASAL VERBS – EMOTIONS

Match the phrasal verb to the definition.



open up	hold back
break down	blow up
freak out	bottle up
calm down	tear up
choke up	lash out at

DEFINITION	PHRASAL VERB
To lose control of your emotions and start crying.	
To keep feelings hidden and suppressed instead of talking about them.	
To hesitate or restrain oneself from saying or doing something.	
To get tears in your eyes because you are experiencing strong emotion.	
To suddenly attack someone physically or criticize them in an angry way.	
To lose emotional control in an angry way.	
To become unable to speak because of strong emotion, often tears.	
To share your feelings freely and openly.	
To lose emotional control (from shock, excitement, fear etc.).	
To return to a state of calmness or relaxation after feeling intense emotions.	

